



Living Well Through Advent Saturdays,
November 27th - December 18th at 10:30 am by zoom.

The season of Advent – which begins a new church year on our liturgical calendar - is a time to prepare for Christmas. St. Paul's will once again offer a time to intentionally slow down to reflect on "the reason for the season." I am inviting you to join with other like-minded friends on Saturday mornings at 10:30 AM for a devotional/quiet time. The material we will be using is written by the team at The Living Compass Spirituality and Wellness Initiative and the topic is Practicing Patience with All Your Heart, Soul, Strength and Mind. The devotionals are based on an understanding that living a life of wellness and wholeness is learning to be patient and "trust in the slow work of God." (Pierre Teilhard de Chardin). We will meet for meet for four Saturdays beginning November 27th (hopefully this will allow us a re-centering after Thanksgiving) and ending on December 18th. The meetings will begin at 10:30 AM and end no later than noon. Miranda Hodgkins and I will be convening the meetings and there is a booklet which you may pick up from the Church office or go online to download (LivingCompass.org/Advent). This booklet gives daily devotionals as well as the theme for the week which is introduced on Mondays. If you see this as something that will help you cope with all the challenges that compete for a faithful understanding of this season, I hope you will be able to carve out the time to join. Just confirm with the office (610-363-2363) that you wish to receive a link to join us via Zoom. Blessings, Pastor Maxine.